

# Laos bike ride

(7 days)

Explore magnificent and historical Laos, full of mountainous terrain, picturesque scenery and cultural charm.

Day	Travel	KM's	Features
1	Vientiane to Vang Vieng	240 – 260	Morning departure from Vientiane heading west along the Mekong river, following small roads through villages bordering the Phou Pha Nang national park where we get our first sight of remarkable limestone karsts in the distance. Our destination is Vang Vieng staying in an ecolodge on the Nam Song river.
2	Vang Vieng to Luang Prabang	180 – 220	This is one of the most fantastic days of the trip, travelling north through picturesque mountain scenery, a rider's dream with many opportunities to capture photos of incredible views. We arrive in Luang Prabang, a beautiful French Colonial town set on the Mekong River, where the night markets and food are amongst the best in Asia. This will be an unforgettable experience.
3	Luang Prabang to Phonsavan	200 – 220	Another action-packed day, heading south-east we will head to the infamous Plain of Jars, a megalithic archaeological landscape, shrouded in mystery and myth. We will be riding some of the most incredible, mountainous roads in the whole of Asia. The journey includes stops to view the iconic Pak Ou Caves, famous for their Buddha statues, and a number of scenic river crossings. Our destination is Phonsavan.
4	Phonsavan to Ban Chomthong	220 – 250	Riding through dozens of villages, this will be a long ride, exploring local culture, where few tourists ever venture, and many areas are only accessible by bike. We will stay in a local guesthouse, sampling local cuisine.
5	Ban Chomthong to Kong Lor	180 – 200	Heading south, we continue our journey through villages, heading for the next destination which is Kong Lor. Riding along rugged mountain regions we will head for the lowlands, passing paddy fields. Overnight accommodation will be at the Swiss run Spring River Resort. Time permitting (Day 5pm or Day 6am), there will be an opportunity to take a long boat through the magnificent Kong Lor Cave along the Nam Hin Bun river.
6	Kong Lor to Thakhek	180 – 200	Travelling from Kong Lor we head for Thakhek on the Mekong River bordering Thailand. We will loop around the mighty Nam Theun River, lunching at the small village of Thalang. Time permitting there will be opportunities to explore some of the spectacular caves along the way. Overnight accommodation will be at the Le Bouton D'or boutique hotel where we enjoy riverside woodfired pizza.
7	Thakhek to Vientiane	340	This is a long but interesting ride along the Mekong back to Vientiane where the tour ends, upon which time you may wish to extend your time in Laos, travel to other parts of Asia or home.